



Babinda News

Proudly Produced by the Babinda Taskforce

Rural Transaction Centre Opened July 2004

51 Munro Street Babinda 4861 07 4067 2900

babindataskforce@bigpond.com

Newsletter may be viewed in colour on website:

www.babindainfocentre.com.au

August 2015



"The President's Notes"

Rachel Nicholas

Hi everyone,

Business hours: Monday to Thursday 9am - 4pm

Two weeks ago we had a Taskforce monthly meeting that was for me extraordinary.

It was at this meeting that it became painfully obvious that I was not supported by the few present, even though I have always strictly adhered to the rule book designated by the Association.

This shook my confidence and I find myself wondering where to from here.

I love the day to day running of this place. Have done for the past five years of management which has been primarily by myself.

In 2010 the Taskforce building was on the real estate market and the future for your Taskforce bleak.

Financially it is still a struggle and present predictions are that we will last until June 2016.

We have a shortfall in income to overcome. This shortfall we can overcome if we all pull together. We would not want to disappoint the 2,400 approximate who come through our doors every year.

Apart from the benefit to our community that this Taskforce is, it is a proud reminder to all and sundry that this little town punches above its weight. Whether it is school, hospital, businesses or Taskforce, we all are pillars of our community.

I hate to see this community weakened by the possible removal of one such pillar, namely the Taskforce. I have poured my heart and soul into the continuance of this wonderful organisation and I need help and encouragement to carry on. I need positive conversations and not negative ridiculing.

Wednesday 23 September is the date set for the Annual General Meeting, 4.30 pm at the Taskforce.

Nomination forms and instructions are inside this cover. This is a public quorum. All opinions and views are heard however, only financial members may vote and/or nominate. All positions need to be filled for the Taskforce to continue - many people have an opinion, now is the time to put that opinion in practice.

We have 99 members. Your Taskforce needs you.

Be kind to each other, Rachel

RAINFALL FOR JULY 2015

Babinda - 157.0 mm

Year to Date: 2831.0 mm

Bellenden Ker

Top Station - 517.0 mm

Year to Date: 6082.0 mm

Bottom Station - 165.4 mm

Year to Date: 2985.6 mm

Contributions

(by 12 noon)

Wednesday 2 Sept

(Distributed 15 Sept)

Wednesday 7 Oct

(Distributed 20 October)

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Something for everyone.



Annual General Meeting Wednesday 23/08/2015 at Spirit of Babinda Hall 4.30pm

Nomination form:

Position	Nominated	Proposer	Seconder
President	<i>Name</i>	<i>Name</i>	<i>Name</i>
	<i>Signature</i>	<i>Signature</i>	<i>Signature</i>
Vice President	<i>Name</i>	<i>Name</i>	<i>Name</i>
	<i>Signature</i>	<i>Signature</i>	<i>Signature</i>
Treasurer	<i>Name</i>	<i>Name</i>	<i>Name</i>
	<i>Signature</i>	<i>Signature</i>	<i>Signature</i>
Secretary	<i>Name</i>	<i>Name</i>	<i>Name</i>
	<i>Signature</i>	<i>Signature</i>	<i>Signature</i>

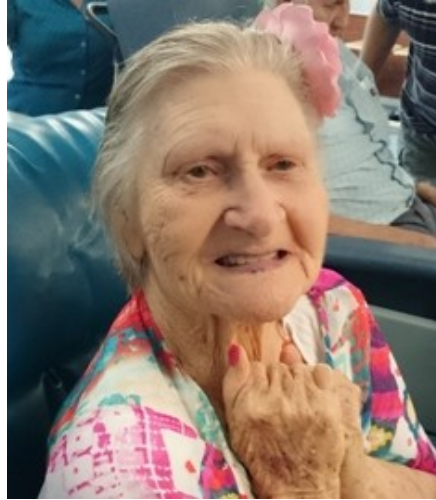
The nominated, proposer and seconder to write their full name, sign and be current financial members. This form is to be presented at the Babinda Taskforce at 51 Munro St Babinda by 16/09/2015. Nominations not meeting this requisite can not be accepted.



BABINDA HOSPITAL MPHS NEWS



We have had 2 milestone celebrations recently as one of our residents Mrs Standen has lived with us for 10 years and she has also turned 90. Her son has supplied beautiful cakes to celebrate both occasions. To help Mrs Standen celebrate she was joined by family, friends, our residents and staff.



Physical Activity for Seniors



Our exercise group for seniors commenced on 28/7/15 at Abbeyfield house and was very well supported and enjoyed by all who participated. The range of exercises on the circuit were easily managed by everyone and it is also a very social and enjoyable morning. This group is now at capacity, however, if you are interested in improving your strength and balance and were looking to join this group we will look at starting a second group if enough numbers are generated. Please show your interest by phoning 40678280 and speaking with our MPHS staff.

The physical activity for seniors group will continue to run every Tuesday for current members however we will attempt to support those who have missed out on this group by offering home exercises until they can start a future group.

While you are waiting to join this group, don't forget the walking club which meets at the hospital 7am Monday, Wednesday and Friday.

No matter
how slow
you go,
you are still
lapping
everybody
on the couch.

Have Your Say Have you got any suggestions for services or activities that you would like to see happening in your community that could be facilitated by our service.

Babinda MPHS are always looking for new ideas to meet your needs. We would like to hear of any ideas that you might have that can benefit this community.

Please let us know, we would be happy to discuss. Phone Hayley or Ann on 40678206.

Babinda Medical Practice news—Regular skin checks.

Skin cancer is the uncontrolled growth of cancer cells in the skin. Left untreated, these cells can spread to other organs and tissues, such as lymph nodes and bone. Please see your Doctor for regular skin checks, in the cooler weather we sometimes forget that the sun continues to cause us damage when exposed to it for too long.

Self care
will save
your life.

Police News

The cane-cutting season has begun, and with this the need to be particularly vigilant when approaching and or overtaking at level crossings. Red flashing lights at rail crossing mean do not move across the crossing whilst the lights are still flashing, or you are committing an offence and may be issued an infringement notice.

Babinda police supported by other units from within the state conducted a large scale operation on the Bruce highway this month. We conducted over 300 random breath tests, caught 1 drink driver, 5 drugs drivers, 3 unregistered cars and arrested a male person on an outstanding arrest warrant. A number of traffic infringement notices were also issued and a motorcycle was put off the road for being defective. Road rules are there to protect all road users; by ignoring them you not only place yourself at risk but everyone around you as well

Police have powers to require vehicles to stop. This could be for a number of reasons, but mostly it is to conduct driver license checks and random breath tests. If you are signalled by police to stop, which is usually by activation of flashing lights and or sirens, or being directed by an officer by hand signal, you are required to comply. If you actively avoid interception and do not stop, you commit an offence of Evade police. There are mandatory sentences in place if convicted of this offence of a \$5500.00 fine and a 2 years disqualification from driving. With this in mind if you are signalled to stop by police, please stop as soon as it is safe to do so.

The use of motorcycles and quads bikes is banned on our beaches. Cairns Regional Council has bylaws in place to protect our beaches. Please heed these rules to ensure our beaches remain pristine and usable for all. Remember that drink drive laws, dangerous operation of a motor vehicle and driving without due care can occur anywhere in Queensland, not just on the road, so it includes beaches, parks, and your own back yard.

With this advice in mind, drive safely

Babinda Police team

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Creating a Community Hazard Management Plan

A community hazard plan (sometimes known as a local incident management plan) is a simple document developed by communities to ensure residents and visitors know where to go, what to take and what to expect if a major event affects the area. Having a community hazard plan in place can help communities be more resilient and self-reliant when a big event occurs and support emergency services to respond as effectively as possible.

Everyone interested is encouraged to attend an upcoming working session for a Babinda Community Hazard Management Plan:

When 10 September 2015

Where Spirit of Babinda hall

When 5.30-7pm. Refreshments provided.

For more information or to advise attendance contact Sioux Campbell, Cairns Disaster Management Resilience Officer on 40443571.

LIBRARY CLOSED TO THE PUBLIC FROM FRIDAY 4/9/2015 - WEDNESDAY 16/9/2015. REOPENING THURSDAY 17/9/2015

The Babinda library internal painting has been organised and scheduled to roll out 4 September. The internal facelift compliments Babinda's 60 years in operation and planned closure dates are 4 – 17 September, allowing an extra day closure as a contingency.

See Holly at the library if you need reading over that period. Customers are ensured to have plenty of reading material to tide them over should they not wish to travel to other libraries.

BABINDA BRIDGE TO HONOUR RESIDENT

Council's Infrastructure Services Committee has supported a request to rename the Babinda Creek Bridge in honour of a long-time resident.

Council received a proposal to name the bridge after John Sganzerla, a well-known Babinda businessman. Supporting documentation described Mr Sganzerla's involvement in various construction projects in Babinda, including the fabrication of metal supports to extend the life of the original Babinda Creek Bridge. He was also involved in the construction of the new bridge.

He was an avid Rotarian and played a major role in setting up Rotary Park. He built the swings which have brought much enjoyment to local and visiting children over the years.

Having been born in Italy and raised in Halifax, Mr Sganzerla came to Babinda in his late teens and remained in the area to raise his family and to run his business. He died in Babinda Hospital in November 2014, aged 94.

For your information, roadwork's are programmed for Boulders Road from **Monday 24 August 2015**.

This work involves the replacement of a road culvert crossing between Pollard Road and Moretto Street.

During works, motorists should expect short delays. Please observe and obey traffic controllers and signs advising the changes to traffic conditions.

Weather permitting, it is expected to take five weeks to complete the project.

Council apologises for any inconvenience caused and appreciates your patience during this time.

Temporary closure - Babinda public toilets

A minor refurbishment of the public toilets at Anzac Park in Munro Street, Babinda is programmed to start from 12 August 2015.

A temporary closure of this facility will be required for approximately three weeks.

Thank you for your patience during this time.



Budget Delivers

Curtis Pitt MP
State Member for Mulgrave

**Treasurer,
Minister for Employment
and Industrial Relations,
Minister for Aboriginal and Torres
Strait Islander Partnerships**

www.curtispitt.com.au
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Twitter: Curtis_Pitt_MP

Regional focus in Pitt's first Budget

Handing down my first Budget in the Queensland Parliament was a real honour. I'm proud to be a Treasurer from regional Queensland delivering for the Far North. My Budget provides more than \$29 million for Bruce Highway upgrades between Innisfail and Cairns, \$9.8 million to tackle Panama Disease Centre with the Commonwealth, \$2.2 million to build Gordonvale's Early Years, \$2.5 million to replace Gordonvale's fire and rescue station and \$2.1 million for Innisfail's Commercial Wharf with Council – just to talk about a few.

This Budget proved that there was always a 'better way' than needlessly sacking thousands of public servants or cutting services - and without raising taxes and charges or selling off our income-generating assets. It's a responsible Budget that provides an economic boost, particularly in regional Queensland. \$500 million across the State for maintenance in our schools and hospitals, and \$200 million to support Councils under *Building Our Regions*. It delivers a surplus to Queensland. In fact we'll deliver surpluses each year for the next four years and over that time we're forecast to lead the nation in terms of economic growth.

But being fiscally responsible doesn't mean we've forgotten the need for economic uplift in regions like the Far North. We have allocated more than \$440 million to infrastructure spending right across Far North Queensland, which will support an estimated 1,000 local jobs. But the enduring challenge of this term will still be to get our unemployment level down – particularly for our young people.

The Palaszczuk Government has created 23,100 full-time jobs since the election but we must do better and I will not shy away from the challenge.



Some local budget highlights:

- \$29 million for Bruce Highway upgrades between Innisfail and Cairns
- \$9.8m to tackle Panama Disease with the Commonwealth
- \$1.7m to target feral pigs
- \$301,000 for Babinda SS
- 14 new full time equivalent teaching resources for Mulgrave electorate

Electorate Office
T J Ryan Building
94-96 Norman St (PO Box 314)
Gordonvale Qld 4865
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Fax. 07 4056 3340
mulgrave@parliament.qld.gov.au

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BABINDA NOTES

BOWLS

Babinda April 8

Twenty enthusiasts interested in the Babinda Bowling Club met in the hotel lounge here on the evening of the 5th inst. to consider the reports of the preliminary committees as to the possibilities of securing the land necessary for a bowling green and also ways and means of financing the project. Mr. W. M. Simmonds occupied the chair and apologised for the absence of Mr. Seymour Howe and others from Gordonvale. Mr. Simmonds, on behalf of the ground committee, gave a lengthy report and stated that certain land could be secured on leasehold at approximately 25 (pounds) for the first year and a lesser amount for the succeeding years. It was decided that the two allotments be secured if possible on the terms of leasehold tenure for 10 years as stated by the ground committee. Messrs. H. J. Thomas, W. M. Simmonds and J. Davies were appointed to act as trustees for the Babinda Bowling Club and to make application for the proposed allotments. Mr. Davies and Mr. Martin, on behalf of the finance committee reported at length on ways and means of financing and outlined two systems whereby the necessary capital could be raised. After much discussion a motion that finance be arranged for the guarantee system was carried. The following were elected officers of the club for the first year: - Patron, Hon. H. Bruce, M.L.A. : president, Mr. James Davies: vice-presidents, Messrs. C. Kendall, J. Brannelly, and H. J. Thomas: secretary, Mr. W. M. Simmonds: treasurer, Mr. C. M. Lloyd: Auditors, Messrs. J. Murchison and T. Phillips. Messrs. H. Harwood, J. Martin and A. Omedi were appointed a committee to act with the above officers.

Source: National Library of Australia <http://nla.gov.au/nla.news-article41207828>

Tune back in next month for another instalment of history of the Babinda Bowls Club

Thank you to our lovely librarian Holly for sending it through.

Lemons

Packed with antioxidants like vitamin C, lemons have many immune boosting benefits to support overall wellbeing and recovery from the common cold.

They can support a healthy metabolism, aid digestion, support healthy skin and enhance your body's ability to absorb iron.

Include the juice of a lemon over your salads and protein sources like grilled chicken and fish, or squeeze half a lemon into your drink bottle in the morning or enjoy warm lemon water at night.

Add a slice of ginger to these little elixirs and you have yourself an extra healthy drink, with a double dose of immune boosting ingredients. Did you also know that a compound called D-limonene, which is found in the peel of the lemon, has been shown to support fat metabolism in the liver?

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The Four Agreements

by Don Miguel Ruiz

1 BE IMPECCABLE WITH YOUR WORD

- a. Speak with integrity.
- b. Say only what you mean.
- c. Avoid using the Word to speak against yourself or to gossip about others.
- d. Use the power of your Word in the direction of truth and love.

2 DON'T TAKE ANYTHING PERSONALLY

- a. Nothing others do is because of you.
- b. What others say and do is a projection of their own reality, their own dream.
- c. When you are immune to the opinions and actions of others, you won't be the victim of needless suffering.

3 DON'T MAKE ASSUMPTIONS

- a. Find the courage to ask questions and to express what you really want.
- b. Communicate with others as clearly as you can to avoid misunderstandings, sadness and drama.
- c. With just this one agreement, you can completely transform your life.

4 ALWAYS DO YOUR BEST

- a. Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick.
- b. Under any circumstance, simply do your best, and you will avoid self-judgment, self-abuse, and regret.

Babinda Arts & Craft

This month we have some very clever people to tell you about. They were all winners at the Innisfail Show. Megan Spagnolo won a 1st for her drawing in Illustrative/Graphical category for one piece & a 2nd for another piece in the same category. She also won a 1st for a painting in the Representational/Human figure category, then another 1st for a small painting in the small work category. Well done Megan!

Marian Wieland won a 2nd for a sparkly & bright gift card, while her daughter Clare won a 1st for her intricate scrapbooking page. Such talent in one family.

Our third clever person is Audrey Jones who won a first prize for a knitted Grenadier Guard doll. Age is no barrier to talent.

All these prize winning works of arts and craft will be in the Craft Shop window for a few weeks, so get on down & admire some outstanding works.

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Desley has stepped down after serving 7 years as the elected Queensland representative on the Bendigo Bank Strategic Advisory Board.

We thank her for her hard work and contribution to the **Community Bank®**



Bendigo Bank Strategic Advisory Board

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Lines from the library

In August Babinda Library celebrates Seniors Week with two fun events.

On Monday 17th August at 10:30am we are holding a “G is for Grandparents” storytime session. Kids, bring along your grandparent or carer to share this special storytime.

Specially for seniors, on Tuesday 18th August at 2pm, visit the library to learn how to search the library catalogue, renew and reserve items at our “Catalogue Quest for Seniors”.

Coming up in September, Babinda Library will be closed for maintenance from Friday 4th September, re-opening Thursday 17th September. Cairns Libraries apologises for any inconvenience.

See you in the library sometime soon.

Cheers

Holly

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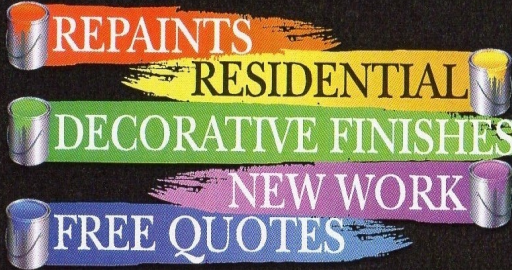
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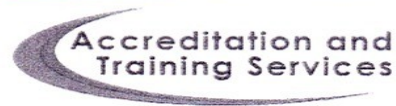
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Info Centre Illuminations

Once more the unseasonal weather is disrupting both agricultural and tourist pursuits. Having said that, it is gratifying that so many of our visitors have commented that they think Rotary Park is the best free park they have stayed at. Equally they are impressed by the many facilities within the small town of Babinda and that prices are good, so they spend lots of money here. We are still getting many visitors coming to our little centre because they couldn't find the Innisfail Visitors Centre and are flabbergasted when told it has been closed by Council.

The famous Garradunga Hotel, not only provides great meals, it also allows free camping (no power) if you have a drink/meal with them. They provide powered sites for \$10 when available and hot showers for \$4.

Visitors commented on huge new plantings of Blueberries in the Tolga area. Apparently some farmers have taken the gamble of trialing these new crops in view of high prices and demand in Australia, especially after the hepatitis scare of last year. The intensity of care and picking is providing many backpackers and locals the opportunity of work. Hopefully we will all take advantage of this after the first crops are harvested.

Speaking of the Tolga area, we should mention another great product, being Wondaree Macadamias that are entirely delicious and available on line <http://www.wondaree.com.au/>

Several different visitors have positively commented on their recent Frankland Islands cruise experiences. All said that the cruise was far less tiring than travelling to the outer reef and that the guides were excellent as was the food. They also appreciated that the trip was not overcrowded at all and therefore more relaxed. Good to hear.

Don't forget Cairns Festival and Cultural Diversity week is coming up this month, 28th August to 6 September, with numerous activities available for young and old, many of them free. Please come in to collect your free program from our centre. www.cairnsfest.com.au

Until next time -----

Happy Trails

You do not have to wait 24 hours before reporting someone as missing



NATIONAL MISSING PERSONS COORDINATION CENTRE

FACT SHEET

Myths and Facts

A missing person is defined as anyone who is reported missing to the police, whose whereabouts is unknown and there are fears for the safety or welfare of that person.

Dispelling myths

Myth: Adults cannot be reported as missing.

Fact: In Australia, anyone can be reported as missing if their disappearance is out of character and there are concerns for their safety and welfare.

Myth: People 'choose' to go missing.

Fact: Circumstances can limit people's choices and make them more vulnerable to leaving their usual environment and go missing. There are a number of triggers such as mental illness, economic and/or social problems.

Myth: When children are missing they are likely to have been abducted.

Fact: Most children that are reported missing are located safe and well within 24 hours. Common reasons for children going missing include a breakdown in communication and disciplinary issues.

Myth: Details about missing persons are not confidential.

Fact: All details about missing persons are kept confidential and are not made available to the public unless permission has been granted by the family and investigating officers.

Myth: If someone has been reported missing and they are then located, you cannot report them if they go missing again.

Fact: Each time a person goes missing, even if they have gone missing before, it is treated as an individual report.

Myth: When a missing person is located their address will be provided to the person who reported them missing.

Fact: When located, a missing person must give permission before their whereabouts are released. A decision to release a missing child's details will be determined by the circumstances surrounding the reasons the child went missing.

Myth: If Australians are missing overseas, there is nothing that can be done.

Fact: The Australian Federal Police and the Department of Foreign Affairs and Trade work with agencies overseas in investigating such cases where Australians are missing overseas. Tracing

agencies such as the Australian Red Cross, the Salvation Army and the International Social Service Australia also work to reunite people missing overseas.

Key facts

- Going missing is not a crime.
- An estimated 35,000 people are reported missing to police each year—that's one person every 15 minutes.
- 99.5 per cent of people are located—85 per cent within a week of being reported missing.
- Parental abductions are handled by the Family Court of Australia and the Australian Federal Police.
- Approximately one-third of missing persons go missing more than once.
- Approximately two-thirds of missing persons are under the age of 18 (i.e. around 20,000).
- Many young missing persons are located at a friend's house.
- Stranger abductions are rare—most people are located safe and well.
- People go missing for a number of reasons—whether voluntarily or involuntarily.



Your GIFTS BRING GOOD NEWS AND GREAT JOY!

Samaritan's Purse
 Christmas Shoe Boxes
 National Collection Month October
 Drop off Centre: 123 Munro Street, Babinda 4861
 For more information
 PLEASE RING Sharon Elliott on 4067 2541

 **ST. RITA'S** 

HARVEST FESTIVAL

TRIVIA NIGHT 

Wednesday 7th October 2015

Doors Open 6:30 pm / First question 7:00 pm

 Tables - maximum of 8

Adults \$10 / Students (Primary) \$5

Light supper at Intermission 

Lucky door, Best Dressed & Spot Prizes

 **PRE BOOK YOUR TABLE NOW!**

Phone ST. Rita's on 4067 1467

or call in to the School Office

 See you there! 

ST RITA'S SCHOOL

We have had a very busy start to Term 3 at St Rita's School with *Catholic Education Week* being celebrated throughout Queensland. Our school proudly participated in this annual event, with all Catholic schools in the southern cluster gathering in Innisfail to embrace the theme of *'Engaging minds. Igniting Hearts. Serving Others'*. Throughout the week, there were many opportunities for us to showcase the distinctive characteristic of Catholic education.

At a special school Assembly, Catholic Education Week Awards were presented to the *'Community Carers'* group. I join with the school community in congratulating Steele Day, Nicholas Blonner, Harper Wiles, Emerson Burns, Andy Pham, Melina Musumeci, Roisin Stager and Billie Luce for their outstanding contribution to this special group of like-minded young people.

Also at this Assembly, it was with great pleasure that I presented Mrs Bernadette Anthony with her 20 Year Service Award. Bern is a highly valued member of the St Rita's staff who has dedicated many years to working at St Rita's, as Principal, classroom teacher, Literacy Enrichment Teacher and Learning Support Teacher. Congratulations and many thanks from all at St Rita's!

Enjoy the beautiful weather!

Judy Billiau

Principal



IF

If you can keep your head when all about you
Are losing theirs and blaming it on you,
If you can trust yourself when all men doubt you,
But make allowance for their doubting too:
If you can wait and not be tired by waiting,
Or being lied about, don't deal in lies,
Or being hated, don't give way to hating,
And yet don't look too good, nor talk too wise.

If you can dream – and not make dreams your master
If you can think – and not make thoughts your aim;
If you can meet with Triumph and Disaster
And treat those two impostors just the same;
If you can bear to hear the truth you've spoken
Twisted by Knaves to make a trap for fools,
Or watch the things you gave your life to, broken,
And stoop and build 'em up with worn-out tools:

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings,
And never breathe a word about your loss:
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: "Hold on!"

If you can talk with crowds and keep your virtue,
Or Walk with Kings – nor lose the Common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much:
If you can fill the unforgiving minute
With sixty seconds worth of distance run,
Yours is the Earth and everything that's in it,

Anonymous

*Contributed by Julie Jones
(Happy Birthday for the other day xx)*

NEWS FROM THE SETTLERS' MUSEUM

By Don Lawie

Our second Tea Cosy Competition, sponsored by Babinda Community Bank, attracted entries that showed there are many artistic and talented knitters and crocheters in our community.

Tea Cosies old and new adorned the display tables and attracted admiring comments.

Categories included knitted and crocheted tea cosies, and entries took the form of a wide range of themes. A beautiful flower garden complete with a hovering Ulysses butterfly was a prize winner.

Others of note included cassowaries, a pig, an anteater, a rooster and a beautiful ballet dancer.

There will be another Tea Cosy contest next year and we plan to include a Schools Section.



Potato and leak gratin (thanks Jacob xx)

Ingredients: 4 medium potatoes, 1 leak, 500ml of thickened cream, 1 egg, 1 teaspoon of crushed garlic, 200 g of diced bacon, 150 g of grated cheddar cheese

Method:

Preheat oven at 180 degrees. Peel, wash and thinly slice potatoes. Thinly slice leak and wash thoroughly. Sauté bacon and garlic off in a pan. Mix cream, egg and garlic bacon mix together and season with pepper. Butter baking tray and layer potatoes and leak slices. Pour mix over baking tray and cover with foil. Bake for 35 minutes. Remove foil and add grated cheese, return to oven until cheese is golden brown. Serve hot and enjoy

AROMATHERAPY- Clary Sage essential oil

Used for centuries to alleviate female conditions. Clary sage is very rich in antioxidants and contains sclareol which is very rare when distilling essential oils. Sclareol, is very similar to the chemical structure of the hormones produced in the human body. Clary sage stimulates our bodies to produce more hormones and thus has a balancing effect for both men and women. Clary sage promotes oestrogen balance also prevents thickening in the membrane tissue around the hair follicle that creates hair loss. It can be very quieting to the mind, and euphoric. Spicy scent, sharp and grassy. For those who cannot sit still enough to quiet the mind and gain clarity, this oil is for you. Your mind will calm by just holding the bottle. If our brain is racing, it's difficult to know what to do. When we are relaxed and focused ideas flow to us naturally. Use clary sage oil to bring the mind back into the moment so you can enjoy the stillness rather than the chaos. Clary sage mixes well with essential oils of **Frankincense, Lavender, YlangYlang, Orange**. Blend 2drops to 1 tsp of cream/cold pressed oil. Enjoy your day. Sharon Rogers-0438676607 sharonrogers2011@gmail.com

Just Joking...

What's worse than a mosquito in your room?
2 mosquitoes in your room!



What do you call a bear without teeth?
A gummy bear!

Local Waste Disposal Locations

Babinda - 1 Kruckow Road

8.30am – 4.45pm (five days) Sunday, Monday, Wednesday, Thursday and Friday - Closed Xmas Day

Bramston Beach - Lot 1 Evans Road

9.00am – 3.30pm (two days) Saturdays and Tuesdays - Closed Xmas Day

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What's Happening In Babinda

BABINDA TASKFORCE - Next General Meeting: Wednesday 22 July, 4.30pm at the Taskforce. All members welcome

ABBEYFIELD HOUSE - HOY / Mini Cent Sale 3rd Monday of the month 4067 1197

BABINDA ARTS & CRAFTS - Open 9am-4pm daily. Meetings 2nd Wed of month @ 6pm.

BABINDA BARGAIN CENTRE (COOTHARINGA NQ) - HOY 2nd Mon of the month. Ph 4067 1533

BABINDA BOXING CLUB Inc: 1st Monday each month HOY/CENT SALE - CWA Hall 1.30pm. See advert for Club details

BABINDA BOWLS CLUB - Phone 4067 1148.

BABINDA CHAMBER OF COMMERCE MEETING - 5.30pm - 1st Tue of month at Roddo's News: 4067 1222

BABINDA CHOI KWANG DO - CWA Hall Mon & Thu 5.30 - 6.30pm. All ages welcome. Enquiries to 0413 386 942

BABINDA DISTRICT FISHING CLUB first Tuesday of the month 7.30pm Club House

BABINDA GOLF CLUB-Social days Wed and Fri 3pm Saturday 12.30 in winter and 1pm in summer. Ph 4067 1510

BABINDA LIONS CLUB - 2nd & 4th Monday of the month at 7pm at the RSL Hall, School St

BABINDA MONTHLY MARKET DAY- 2nd Sat of month. Contact Roddo: 4067 1222

BABINDA PUBLIC SPEAKING GROUP - 2nd Mon of month 7pm contact Loretta 4067 1438 or Rod 40674110 for details

BABINDA RAINY DAYS BOOKCLUB - Meets every last Tue of month @ 10am @ Stag Tavern—Call Sue 4067 2640

BABINDA RSL - 1st Sunday of the month, 9:30 am at RSL. Contact 4067 6162

BARTLE FRERE STATE SCHOOL - Family Day Group Tuesday 9am—11am 4067 6240

BEYOND BLUE - 1300 22 46 36

BRAMSTON BEACH MOTEL: CRAFT MORNINGS: Thursdays 10am - 12 midday Ph Deb 40674139 to express interest

BUMBLEBEES PLAYGROUP - Tuesdays 9-11am, Community Hall, Church St, ph Honorei 0408 205 053 for details

CARER'S SUPPORT NETWORK - Last Friday of month, Innisfail Hospital, Transport available ph: 40678200

DANI'S ALTERATIONS AND REPAIRS: 2nd & 4th Wednesday of month at Taskforce Ph: 4067 6197 and leave message

HARVEST FESTIVAL 2015: 10th October **HARVEST BALL:** September 26th **babindaharvestfestival52@gmail.com**

INFO CENTRE - Open 9 - 4 daily, 4067 1008, **www.babindainfocentre.com.au** (view this Newsletter in colour)

KIDS CLUB - Prep - Year 6 - Wednesday 5pm to 7.30pm CWA Hall, Babinda. Phone Janis 4067 1406

LIFELINE - 13 11 14

MENSHED'S - Wed & Fri's 9am-2pm @ Babinda's Showground contact Merv for further info: 4061 8494

QCWA BABINDA- 2nd Sat of the month meeting 9.30am .4th Mon of the month - Hoy/Mini Cent Sale 1.30pm

QCWA DEERAL-2nd Wednesday of the month— Meeting 9.30am Craft follows meeting. Deeral Hall

ST RITAS HARVEST FESTIVAL TRIVIA NIGHT: Wednesday 7 October, Doors open 6.30pm, Phone: 4067 1467

SAMARITAN'S PURSE: Christmas Shoe Box Appeal October. Drop off to 123 Munro St. Phone: 4067 2541 or 4067 1651

SOCIAL TOUCH FOOTBALL - Every Thursday night 7pm Bill Wakeham Park

SNAKE REMOVALIST - Brian James mobile 0400 752 977 or home phone 4067 1581

STORYTIME: Babinda Library 3rd Monday of month, 10.30—11.30am , 4067 1112

TAI CHI - Wednesdays 9.30 -10.30am, ph: Audrey on 4067 2271 for info, Spirit Of Babinda Hall, Gold coin donation

WILDLIFE SIGHTINGS: Call 1300 130 372 and follow the prompts

WOMEN'S FREE CLINIC: to Medicare eligible clients, Babinda Hospital, Wed 8 July - ph 4067 8200 for appointment

YOGA - Wednesdays 5.30 - 7.00pm, SOB Hall, 51 Munro St, Babinda, Ingrid: 4056 6909

Babinda News Newsletter Monthly Advertising Rates and Annual Membership fees

Members	Non-Members	Membership Fees
Business card size.....\$22.00	Business card size.....\$30	Corporate/Family.....\$25.00
Quarter page.....\$35.00	Quarter page.....\$45	Individual.....\$20.00
Half page.....\$50.00	Half page.....\$60	Senior/Pensioner.....\$8.00
Whole page.....\$100.00	Whole page.....\$115	From 1st July - 30th June

All enquiries to 51 Munro Street, Babinda Phone: (07) 4067 2900 Fax: (07) 4067 2911
Email: babindataskforce@bigpond.com